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**Subject:** STAR-JIA Newsletter - Issue 12 - December 2025  
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ISSUE 12

## December 2025 Newsletter



We are sending all sites a massive thank you. Your hard work means that we have recruited 46 participants this year across the trial.

We are so excited to see what 2026 brings for the trial and are looking forward to hitting our target by recruiting the remaining 73 participants next year!

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### Recruitment



The trial is now at 57 participants.

We have had a quiet few months for recruitment and are asking for your help to approach all potential participants in December and January.

Our trial target is 5.5 per month.

**It's over to you!**

#### Congratulations to:

API, Hannah at Alder Hey for recruiting her first participant.

Dan, Hannah and Sophie at Sheffield for recruiting their third participant!

Josh and Caroline and the team at Newcastle for recruiting their fifth participant.

Sue, Louise and the team at Gloucestershire for recruiting their third participant.

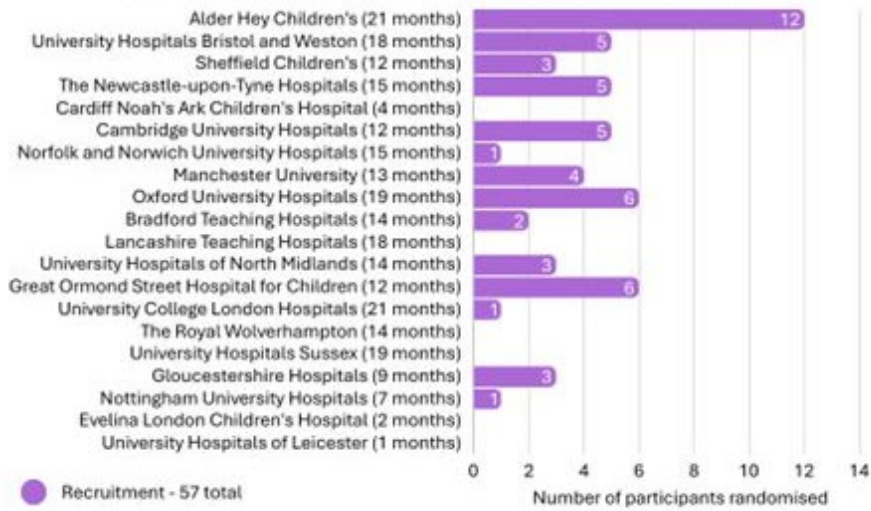
Danielle and Kathy at Oxford for their sixth recruit—and Kathy's last as she is retiring at the end of the year.

Thank you for all your hard work and support Kathy.

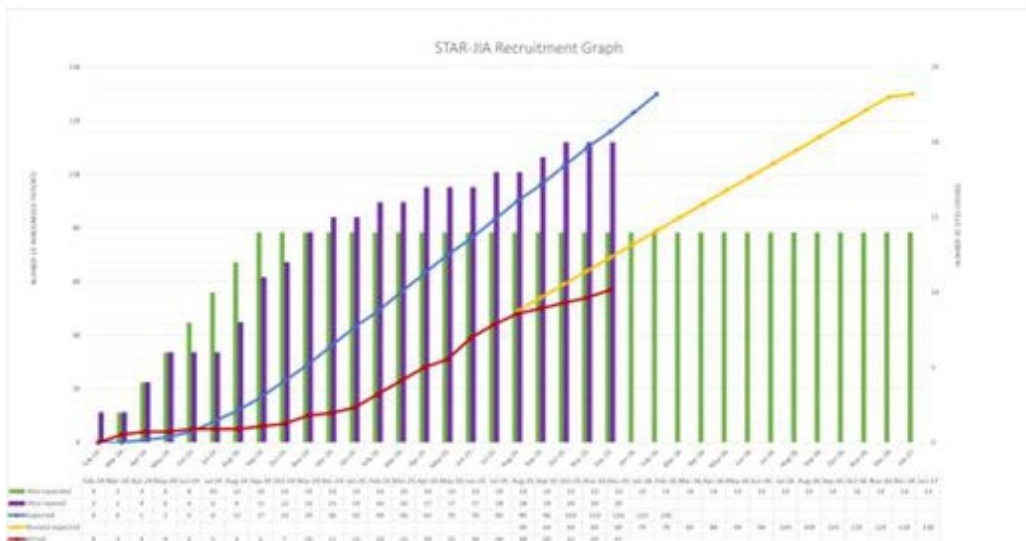
.. [See live site opening & recruitment on our website](#)

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## Time Since Site Opening and Total Enrollments by Site



## Recruitment Graph—Expected vs Actual



## Important Information



**LAB CLOSURE**—The biobank will not be able to perform any processing of samples between Monday 22nd December–Friday 2nd January 2026 due to the University's scheduled closure. Please do NOT send any samples after **Wednesday 17th December**. Normal collection and processing activities will resume on Monday 5th January 2026.

Please continue to recruit throughout this period – samples can be taken at another timepoint.

### LCTC CLOSURE and SAFETY ARRANGEMENTS:

Our offices are closed for the holidays from 20/12/2025 to 04/01/2026. The trial inbox will not be monitored during this time. Any clinical queries can be directed to the Cis; Clare and Ram.

**NOTE:** Please report any SAEs directly on REDCap as per protocol and direct any queries re: safety to [lctcsafe@liverpool.ac.uk](mailto:lctcsafe@liverpool.ac.uk). Safety events will be processed on 23rd and 30th December.

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## Site Engagement Meetings 2025/26

### January:

Thursday 29th - 14:00–14:45

### February:

Friday 27th - 12:00–12:45

These are drop-in sessions for all site staff –with trial management and the CI - to answer queries, talk about recruitment and share best practice.

Drop-in when you can!



## Reminders

**JOINT COUNT**– Please ensure that you confirm the participants joint count prior to randomisation. The definition of an active joint for the trial is: **The joint must either have swelling or if there is no swelling, it must have BOTH pain and limitation of motion (LOM).**

**Invoices** – Please ask your finance teams to invoice for set-up and participant costs—we have not received any from sites to date—and these will need to be processed **as soon as possible.**

**Consents**—please send all consent forms securely to [lctc\\_consents@liverpool.ac.uk](mailto:lctc_consents@liverpool.ac.uk) within **7 days following randomisation.**

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Contact for the trial team:

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Connect with us on X (Twitter):

@STAR\_JIA\_Trial



Remember to **check out** the new page for sites on the website— all prior



training sessions and newsletters are available for you to view [here](#).

And finally.....

Merry Christmas